## TEXAS ONCOLOGY FOUNDATION'S SUPPORT GROUPS GRAPPLING WITH GRIEF 2023-24 GROUP GUIDELINES



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## **GROUP AGREEMENT**

1. Everything discussed in the group is confidential in order to provide a safe space for sharing. However, in the virtual format, any information that is shared within the group has been made public information within that group and Texas Oncology Foundation cannot guarantee the privacy or confidentiality of any disclosures.

2. Group members are asked to be kind and courteous. We all come from diverse backgrounds and experience grief in different ways. Differing opinions and viewpoints are okay. We ask that all participants be respectful and avoid giving advice unless requested.

3. Group members take responsibility for the success of this group by maintaining focus on the topics being discussed. We want everyone to share and contribute, but we do have to be mindful of time. Group facilitators will gently redirect to a different topic or group member as needed for time.

4. You never have to share anything you are not comfortable sharing, and you will never be forced to participate. Much can be gained by just listening.

5. Please use the "raised Hand" icon in Zoom if you have something to share. That way we can all have the opportunity to participate. We do not want anyone to get left out.

6. Group members are encouraged to contact one of the facilitators if additional support is needed at any time outside of a meeting.

## VIRTUAL SUPPORT GROUP TERMS

1. I understand that this voluntary support group is designed specifically for those grieving the loss of loved ones with cancer. This group is not to offer medical advice. The group is facilitated by a licensed social worker. Physicians will not be in attendance.

2. I understand that this program will be offered virtually. An understanding of confidentiality between support group participants will be established, but any information that is shared within the group has been made public information within that group and the Texas Oncology Foundation cannot guarantee the privacy or confidentiality of any disclosures.

3. I understand that participation in the support group is available via online video or audio only. In order to participate with video function, participants will need access to a computer/ device that has a camera, microphone, and internet access.

4. I understand that The Texas Oncology Foundation's online registration tool will store my name, email, and phone number securely.