



Holiday Resilience: Thriving Through Cancer's Challenges

TUESDAY, December 12, AT 11:00AM (CST)

In this webinar, participants will:

- Learn practices & insights to mindfulness that help navigate the holiday season.
- Connect with your personal beliefs, values, or faith & how they can provide purpose.
- Explore how spirituality can be a source of inner strength, offering comfort and hope.

REGISTER NOW:



Keynote Speaker:

David Zuniga, PhD, MDIV, MA

David Zuniga, PhD, MDIV, MA, is a licensed psychologist in private practice in Austin, Texas. Previously, he was a faculty member in the Integrative Medicine Department at The University of Texas MD Anderson Cancer Center. He earned a master's degree in comparative religion from Harvard and worked as a healthcare chaplain for over a decade. He also holds a master's degree in English literature, has published widely and spoken internationally at leading academic conferences on many dimensions of wellness and healthcare.