

# Survive & Thrive CONFERENCE 2024

Presenting Sponsor



More breakthroughs. More victories:

**Saturday, September 28** 7:30 am – 6 pm

**Sunday, September 29** 7 am – 11:30 am

Sheraton Austin Georgetown Hotel & Conference Center 1101 Woodlawn St. Georgetown, TX 78268

**FEATURED PRESENTERS** •

# **EMBRACING LIFE** After A Cancer Diagnosis

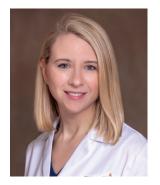
**KEYNOTE SPEAKER** 



Cindy Trice, DVM
Cancer Survivor
Co-founder and Chief Innovation Officer,
Kicklt Pajamas



**Tamika Felder**Cancer Survivor
Founder and Chief Visionary,
Cervivor



**Kathryn Hudson, M.D.**Director of Survivorship,
Texas Oncology

Educational Lectures • Expert Panels • Engaging Workshops • Fulfilling Activities • Connection with Others



SCAN TO REGISTER

TexasOncologyFoundation.org





### **SATURDAY, SEPTEMBER 28**

7:30 am – 6:00 pm	Respite and Resource Room
7:30 – 8:30 am	Registration and Breakfast
8:30 – 8:45 am	Welcome
8:45 – 9:45 am	Survivorship Expert Panel
9:45 – 9:55 am	Break
9:55 – 10:40 am	Morning Breakouts  · Art Therapy  · Medical Expert Panel  · Nutrition  · Relationships and Cancer
10:40 – 10:50 am	Break
10:50 – 11:35 am	Morning Breakouts  · Art Therapy  · Finding Your Passion  · Intimacy  · Pain Management
11:35 am – 12:35 pm	Lunch
12:35 – 12:45 pm	Break
12:45 – 1:30 pm	Afternoon Breakouts  Body and Self Image  Caregiver State of Mind  Managing Careers and Cancer  Mentors & Meetups
1:30 – 1:40 pm	Break
1:40 – 2:25 pm	Afternoon Breakouts  · Holistic Health Panel  · Interfaith Spirituality  · Medical Expert Panel  · Mentors & Meetups
2:25 – 2:35 pm	Break
2:35 – 3:35 pm	Keynote Address – Cindy Trice, DVM "Silver Linings – The Gifts of a Cancer Diagnosis"
3:35 – 4:00 pm	Day 1 Conclusion
4:00 – 6:00 pm	Vendor Market and Happy Hour
8:00 pm	Weekend Warrior Pajama Party

## **SUNDAY, SEPTEMBER 29**

7:00 – 7:30 am	Early Bird Options Coffee Chat Sound Bath for Healing Sunrise Yoga
7:45 – 8:15 am	Continental Breakfast Reflections with Tamika
8:15 – 8:25 am	Break
8:25 – 9:25 am	Morning Breakouts • Legacy Planning • Mapping Your Meals • Mindfulness
9:25 – 9:35 am	Break
9:35 – 10:35 am	Morning Breakouts  Caregiver Connections  Mentors & Meetups  Wellness Goals
10:35 – 10:45 am	Break
10:45 – 11:30 am	Sunday Service and Conference Conclusion

Topics and agenda are subject to change.

#### **REGISTRATION OPTIONS**

- Sensational Saturday: Take part in all Saturday activities from 7:30 am to 6:00 pm.
- Weekend Warrior: Take part in the full weekend experience and exclusive benefits:
  - Friday welcome reception
- All Saturday activities
- Saturday Weekend Warrior Pajama Party
- All Sunday activities
- Welcome gift

## **HOTELS**

The following hotels have room blocks reserved for the Survive & Thrive Conference. Rates vary by hotel. Please contact the hotel directly to book your room. A shuttle will be provided from Candlewood Suites and Holiday Inn Express.

# **Sheraton Austin Georgetown Hotel & Conference Center**

1101 Woodlawn Ave. Georgetown, TX 78628 (737) 444-2700

#### **Candlewood Suites Hotel**

451 Interstate Highway 35 Georgetown, TX 78628 (512) 591-7888 Approximately 1.5 miles from the Sheraton

#### **Holiday Inn Express Hotel**

REGISTER

431 Interstate Highway 35 Georgetown, TX 78628 (512) 591-7890 Approximately 1.5 miles from the Sheraton