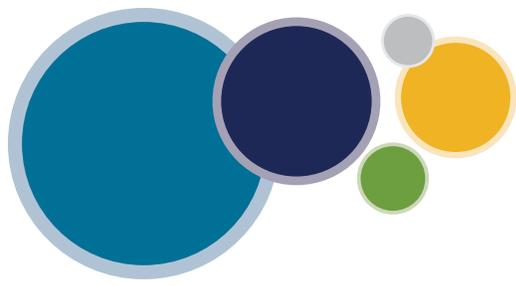




Survive & Thrive

CONFERENCE 2025

READY. SET. GO!



Welcome to Texas Oncology Foundation Survive & Thrive Conference 2025! We are excited to gather with you in Georgetown, Texas.

We created this event to bridge the gap between cancer treatment and survivorship, but it is so much more than that! It's meant to inspire, give you an opportunity to experience joy, make meaningful connections, learn how to tackle challenges, and celebrate triumphs with others.

For the first time, we are following session tracks to meet you where you are in the cancer experience. The tracks will help you **READY** for the cancer experience and into survivorship, gather the tools to **SET** you up to conquer the myriad of challenges cancer brings, and fill your cup with inspiration to **GO** forth with confidence and renewed energy.

Beyond the sessions, we've built in time for you to meet and share with others – and have some fun too! Whether this is your first time at a Foundation event, or you participate in Foundation programming regularly, we are glad you are here!

READY. SET. GO!

Regards,



Natalie O'Roark
Executive Director
Texas Oncology Foundation

COMMITTEE MEMBERS

Kathryn Hudson, M.D.
Amy Ashton
Hart Jackson-Stitt
Silvana Vela, MSHA

AGENDA

Friday, November 14 | 3 pm - 8 pm

Saturday, November 15 | 7:30 am – 6 pm

Sunday, November 16 | 7 am – 11 am

**Sheraton Austin Georgetown
Hotel & Conference Center**

1101 Woodlawn St.
Georgetown, TX 78268

FRIDAY, NOVEMBER 14

- 3:00 – 6:00 pm Check In and Kickoff Activities
- 6:00 – 7:00 pm Dinner with Ice Breakers
- 7:00 – 8:00 pm ● Keynote Address – Resilience in Uncertainty: Thoughts on Change, Identity, and Growth

SATURDAY, NOVEMBER 15

- 7:30 am – 6:00 pm Respite and Resource Room
- 7:30 – 8:30 am Check In and Breakfast
- 8:20-8:30 am ● Saturday Kickoff
- 8:30 – 8:45 am ● Welcome
- 8:45 – 9:00 am ● Laughter Yoga
- 9:00 – 10:00 am ● Keynote Address – Get-Real Mindset
- 10:00 – 10:15 am ● No Guilt: It's Okay Not to be Okay
- 10:15 – 11:00 am ● Medical Panel: Survivorship
- 11:00 – 11:15 am Break
- 11:15 am – 12:00 pm Morning Breakouts
 - Understanding Your Treatment
 - Caring Without Losing Yourself: Boundaries, Communication, and Connection
 - The Beautiful Reconnection: Finding Intimacy Within the Mind, Body, and Soul After Cancer
 - Healthy Eating While Navigating into Survivorship
- 12:00 – 1:00 pm Lunch
- 1:00 – 1:10 pm ● Mindfulness Exercise
- 1:10 – 1:25 pm ● Mini Keynote – Across Paper Bridges: Letters of Light from Youth to You
- 1:25 – 1:55 pm Break
- 1:55 – 2:40 pm Afternoon Breakouts
 - Ready, Set, Feel: Navigating Emotions Through the Cancer Journey
 - Nutrition Tips for Treatment Side Effects
 - Hacking Your Nervous System for Pain Management
 - Art Therapy | Creating Your Self-Care Sanctuary
- 2:40 – 2:55 pm Break
- 2:55 – 3:40 pm Afternoon Breakouts
 - Unbreakable: Discovering Your True Resilience
 - Self-Care Isn't Selfish – It's Survival
 - The Gift of Legacy: Supporting People in Telling Their Stories and Leaving a Mark
 - Cancer Tell All
- 3:40 – 3:55 pm Break
- 3:55 – 4:15 pm ● Saturday Conclusion
- 4:15 – 6:00 pm Vendor Market and Happy Hour
- 8:00 - 10:00 pm Weekend Warrior Pajama Party

AGENDA

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SUNDAY, NOVEMBER 16

7:00 – 7:30 am	● Sunrise Yoga
7:30 – 8:30 am	Continental Breakfast
8:20 – 8:30 am	Morning Chat with Your Emcees
8:30 – 9:00 am	● Mini Keynote Address – From Patient to Purpose: Finding Hope and Community After Cancer
9:00 – 9:15 am	Break
9:15 – 10:00 am	Morning Breakouts <ul style="list-style-type: none">● Art Therapy The Road Ahead● The Three S's of Nutrition and Cancer: Myth or Truth● Self Love Sound Bath● Caregiving and Beyond
10:00 – 10:15 am	Break
10:15 – 11:00 am	● And Go!

Topics and agenda are subject to change.

Tracks are designed to give guidance on suggested sessions to attend. However, you can attend any session that interests you.

- **Ready Track:** Newly diagnosed or in treatment
- **Set Track:** In or completed treatment
- **Go Track:** All participants

SHARE YOUR EXPERIENCE!



We'd love to share your story or experience with Texas Oncology Foundation programs. Use the QR code to enter your testimonial.

Responses may be used by Texas Oncology Foundation for promotional purposes, including, but not limited to, electronic, print, and online media.

RESOURCE AND RESPITE ROOM

Ames Meeting Room (Saturday)

Stop by the Resource and Respite Room for:

- Helpful resources from Texas Oncology Foundation, sponsors, and community partners
- A few moments of comfortable, quiet rejuvenation
- Charging station

SPEAKERS & FACILITATORS

EMCEES



TAMIKA FELDER

Tamika Felder is founder and chief visionary officer of Cervivor, Inc., a cancer survivor, and an award-winning women's health advocate. Cervivor, Inc. is a nonprofit dedicated to cervical cancer advocacy and support. Tamika also has a mission to

eradicate cancer and shine a spotlight on the patient voice in healthcare. Named a "Cancer Rebel" by *Newsweek*, Tamika is a highly sought-after speaker on cervical cancer advocacy, cancer prevention, HPV education, and living life with purpose. She currently serves as a co-chair on the National HPV Vaccination Roundtable, a member of the National Health Council Steering Committee, and a member of the National Cancer Advisory Board appointed by President Joseph Biden.



CINDY TRICE, DVM

Cindy Trice, DVM, is a veterinarian, speaker, serial entrepreneur, cancer survivor, and patient advocate for Cervivor, Inc. She's the co-founder and chief innovation officer at KickIt Pajamas, a company leading the way in providing beautiful,

comfortable, and functional clothing for women during all stages of their cancer journey. She lives in Bradenton, Florida, with her husband and three long and low dogs.

PHYSICIAN CHAMPIONS



KATHRYN HUDSON, M.D.

Dr. Kathryn Hudson is a medical oncologist in Austin, and the director of survivorship at Texas Oncology. She is director of breast cancer research for the Sarah Cannon Research Institute in Central Texas and leads outcomes research for Texas Oncology.

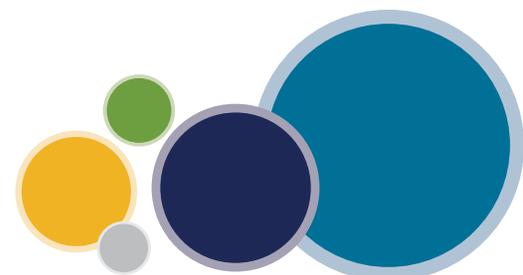
Through her work, she is committed to improving the global quality of life and health of Texan cancer survivors. She has been published in peer-reviewed journals and has spoken nationally on topics such as patient reported outcomes, quality of life of the cancer patient, and cancer therapeutics. She is a member of the Texas Oncology Foundation board of directors.



DEBRA PATT, M.D., PH.D., MBA

Dr. Debra Patt is a practicing oncologist and breast cancer specialist in Austin, and an executive vice president of Texas Oncology with responsibilities in healthcare policy and strategic initiatives. She is an active leader in

breast cancer treatment and research in healthcare informatics, driving digital healthcare tool adoption in clinical practice to improve the patient journey. She has served as the managing partner for the Central Texas, Gulf Coast, and Rio Grande Valley regions in Texas Oncology since 2023. Dr. Patt is the medical director for public policy for The US Oncology Network and has testified before the US Congress and Senate to protect access to care for cancer patients. She has chaired the council on legislation and the cancer committee for the Texas Medical Association.



SPEAKERS & FACILITATORS



Claire Billingsley
Billingsley Consulting Group



Stephanie Broussard,
DSW, LCSW-S, APHSW-C
Thyme Care,
Adjuvant Behavioral Health



Harry Campbell
Outlook Partners



Eden Carter
Eden's Love and Light



Rebecca Clinton, LCSW-S
Texas Oncology



Penny DeCou, LCSW, OSW-C
Texas Oncology



Kelsey Espinosa, LCSW,
OSW-C
Texas Oncology



Mayra Guevara, ATR-BC,
LCAT
Art Therapy Houston



Michael Herman, M.D.
Texas Oncology



Leticia Hernandez
Natera



Nicole Hodac, MS, RDN,
CSO, LD
Texas Oncology



Laura Moore, RYT 200, Yoga
4 Cancer Certified, Adaptive
Yoga Certification

Survive & Thrive CONFERENCE 2025

SPEAKERS & FACILITATORS



Ananya Nagendra
Letters of Light Foundation



Katie Ozuna, LMSW, OSW-C
St. David's HealthCare



Tiera Wade
Cervivor



David Zuniga, Ph.D., MDIV, MA

Survive & Thrive CONFERENCE 2025

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STRENGTH SPONSOR



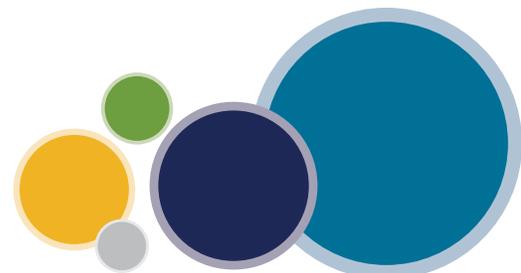
HOPE SPONSOR



HOPE SPONSOR



FRIEND SPONSOR



SESSION INFORMATION

- **Ready Track:** Newly diagnosed or in treatment
- **Set Track:** In or completed treatment
- **Go Track:** All participants

Yoga Snacks – bite-size yoga experiences – with Laura Moore will be sprinkled throughout the program.

FRIDAY, NOVEMBER 14

3:00 – 6:00 pm

Check In and Kickoff Activities

Welcome! Check in and kickoff activities are open for all participants. Check in, enjoy light snacks and drinks, and connect with other participants with kickoff activities.

San Gabriel Lobby

SATURDAY, NOVEMBER 15

7:30 am – 6:00 pm

Respite and Resource Room

The Respite and Resource Room is a great place to gather valuable resources from Texas Oncology Foundation and other organizations focused on cancer and survivorship. It has charging stations and is also a place of sanctuary when you need a few minutes in a comfortable space.

Ames Room

7:30 – 8:30 am

Check In and Breakfast

Please pick up your conference packet. Then head to the ballroom for a nourishing breakfast before the conference kicks off at 8:30 am.

San Gabriel Lobby and Ballroom

8:20-8:30 am

● **Saturday Kickoff**

**Tamika Felder
Cindy Trice, DVM**

Texas Oncology Foundation Survive & Thrive Conference 2025 kicks off Saturday morning with the energizing and expert duo of our emcees Tamika Felder and Cindy Trice.

San Gabriel Ballroom

8:30 – 8:45 am

● **Welcome**

Debra Patt, M.D., Ph.D., MBA

Texas Oncology Executive Vice President, Policy and Strategy, Dr. Debra Patt shares her perspectives and a warm welcome to the conference.

San Gabriel Ballroom

6:00 – 7:00 pm

Dinner with Ice Breakers

**Tamika Felder
Cindy Trice, DVM**

READY. SET. GO! What you've been waiting for is finally here – Survive & Thrive Conference 2025. Join us for dinner as our dynamic emcees kick things off, and you can get to know your fellow attendees.

San Gabriel Ballroom

7:00 – 8:00 pm

● **Keynote Address – Resilience in Uncertainty: Thoughts on Change, Identity, and Growth**

Katie Ozuna, LMSW, OSW-C

Katie Ozuna draws on personal experiences to explore the process of rediscovering identity in the midst of uncertainty. She explores themes of loss, transition, and grief, and looks at how resilience can take many forms.

San Gabriel Ballroom

8:45 – 9:00 am

Laughter Yoga

Claire Billingsley

Laughter is the best medicine! Let's start the day with smiles and the benefits of deep breathing through laughter exercises!

San Gabriel Ballroom

9:00 – 10:00 am

● **Keynote Address – Get-Real Mindset**

Harry Campbell

To increase the chances of success in life, particularly with caregivers, you need to do the little things that increase your chances of winning a disproportionate share of the tossups. In thinking about successful individuals, three focus areas surface – relationships, resilience, and renewal. Successful folks tend to their relationships by being an attractor; they overcome obstacles with resilience by embracing the crookedness of life; and they practice a habit of constant renewal by living to learn. This enables them to win at the margin.

San Gabriel Ballroom

10:00 – 10:15 am

● **No Guilt: It's Okay Not to be Okay**

**Tamika Felder
Cindy Trice, DVM**

It's okay not to be okay. A cancer experience, no matter if you are a patient, caregiver, or long-term survivor, is accompanied by a broad range of emotions. It's okay to let those emotions show, delve into them, and have no guilt in doing so.

San Gabriel Ballroom

SESSION INFORMATION

10:15 – 11:00 am

● **Medical Panel: Survivorship**

Stephanie Broussard, DSW, LCSW-S, APHSW-C

Mike Herman, M.D.

Kathryn Hudson, M.D.

Join an expert panel – two physicians and a social worker – to talk all things survivorship. We'll define it, discuss when one is considered a survivor, and explore survivorship more deeply, including late and long-term side effects.

San Gabriel Ballroom

11:00 – 11:15 am

Break

11:15 am – 12:00 pm

Morning Breakouts

● **Understanding Your Treatment**

Stephanie Broussard, DSW, LCSW-S, APHSW-C

Mike Herman, M.D.

Kathryn Hudson, M.D.

Our expert panel will return to expand on the earlier medical panel discussion. This interactive session offers participants the opportunity to ask questions and share reflections about survivorship, late and long-term effects, coping strategies, emotional wellness, and practical approaches to navigating life after treatment.

San Gabriel GH

● **Caring Without Losing Yourself: Boundaries, Communication, and Connection**

Katie Ozuna, LMSW, OSW-C

This session explores how caregivers can maintain balance and well-being while supporting a loved one. We look at setting healthy boundaries, communicating with your loved ones, and caring for yourself.

San Gabriel JK

● **The Beautiful Reconnection: Finding Intimacy Within the Mind, Body, and Soul After Cancer**

Tiera Wade

Take a reflective and restorative journey of rediscovery. Together, we'll explore how cancer impacts our sense of intimacy, identity, and self-worth — and how healing begins from within. Through guided discussion, shared experiences, and a sensory mindfulness activity, participants will:

- Understand the mind-body-soul connection and its role in emotional and physical healing.
- Learn how self-compassion and grace can reshape how we view intimacy after cancer.
- Explore ways to rebuild trust, communication, and confidence in ourselves and in our relationships.

San Gabriel AB

● **Healthy Eating While Navigating into Survivorship**

Nicole Hodac, MS, RDN, CSO, LD

Explore how nutrition can help you or your loved one feel their best after cancer. We'll cover simple, realistic ways to eat well, improve energy, and support strength in survivorship.

San Gabriel CD

12:00 – 1:00 pm

Lunch

Kathryn Hudson, M.D.

Enjoy lunch while you meet and connect with others. Just before 1:00, Texas Oncology Director of Survivorship and Texas Oncology Foundation Board Member Dr. Kathryn Hudson will share her perspectives and how you can get involved in Texas Oncology Foundation activities.

San Gabriel Ballroom

1:00 – 1:10 pm

● **Mindfulness Exercise**

David Zuniga, Ph.D., MDIV, MA

This guided meditation focuses on mindfulness, compassion, and helping to ground us for wherever we are in cancer journey.

San Gabriel Ballroom

1:10 – 1:25 pm

● **Mini Keynote – Across Paper Bridges: Letters of Light from Youth to You**

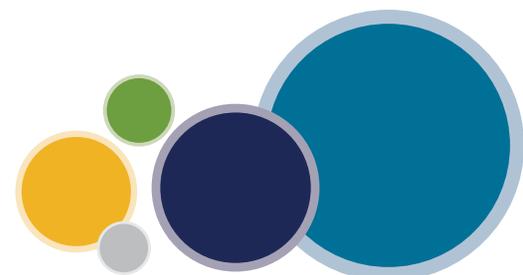
Ananya Nagendra

Ananya will share her personal story of being a young caregiver to her mother. At her mother's many appointments, she witnessed many people with no support while they were being treated for cancer. These experiences inspired her to create Letters of Light, so that more people can feel support and love during such a vulnerable time.

San Gabriel Ballroom

1:25 – 1:55 pm

Break



SESSION INFORMATION

1:55 – 2:40 pm

First Afternoon Breakouts

● **Ready, Set, Feel: Navigating Emotions Through the Cancer Journey**

Rebecca Clinton, LCSW-S

Explore the emotional landscape experienced during the cancer journey, emphasizing the importance of giving yourself permission to feel the full spectrum of emotions, not just the positive ones. Participants will learn how to navigate emotional fluidity, moving between difficult and hopeful feelings with intention and self-compassion.

San Gabriel GH

● **Nutrition Tips for Treatment Side Effects**

Nicole Hodac, MS, RDN, CSO, LD

Learn practical nutrition and lifestyle strategies to ease common side effects during cancer treatment – such as nausea, taste changes, loss of appetite and bowel changes. This session will provide simple tips to help you or your loved one stay nourished, maintain strength, and feel your best through treatment.

San Gabriel JK

● **Hacking Your Nervous System for Pain Management**
Laura Moore, RYT 200, Yoga 4 Cancer Certified, Adaptive Yoga Certification

Learn how to recognize the difference between the sympathetic and the parasympathetic nervous system. Understand why engaging the parasympathetic nervous system will help you feel better and understand that it actually aids healing. Discover easy ways to engage the parasympathetic nervous system, anywhere, anytime and have the motivation to try it.

San Gabriel AB

● **Art Therapy | Creating Your Self-Care Sanctuary**
Mayra Guevera, ATR-BC, LCAT

In this session, we will gently explore what self-care means for you during this stage of your treatment journey. Through intentional art-making, you'll reflect on the emotional, physical, and spiritual aspects of your experience, and begin to reconnect with practices that support your strength, healing, and well-being.

San Gabriel CD

2:40 – 2:55 pm

Break

2:55 – 3:40 pm

Second Afternoon Breakouts

● **Unbreakable: Discovering Your True Resilience**
David Zuniga, Ph.D., MDIV, MA

The American Psychological Association defines resilience as “the process and outcome of successfully adapting to difficult or challenging life experiences.” Research consistently shows that the resources and skills associated with positive adaptation can be cultivated

and practiced. This session will explore practical mental and behavioral strategies for cultivating greater resilience during your cancer journey.

San Gabriel GH

● **Self-Care Isn't Selfish – It's Survival**

Stephanie Broussard, DSW, LCSW-S, APHSW-C

Healing is not a race or a checklist – it's a return to your own humanity. In this session, we'll explore what it truly means to honor yourself beyond a diagnosis or a to-do list. We'll uncover how small acts of care create big waves of strength. You don't need to change everything overnight – gentle moments of self-kindness can refill your cup. And we'll reimagine self-care as something deeply communal.

San Gabriel JK

● **The Gift of Legacy: Supporting People in Telling Their Stories and Leaving a Mark**

Kelsey Espinosa, LCSW, OSW-C

We will explore the meaning of legacy – how we create it, share it, and use it as a source of healing and hope for cancer survivors and caregivers. We'll explore how reflecting on one's impact and life story can foster emotional connection, resilience, and a sense of meaning throughout the cancer journey.

San Gabriel CD

● **Cancer Tell All**

Harry Campbell

Tamika Felder

Cindy Trice, DVM

Sometimes you just need to get it all off your chest and tell your bestie the real deal about what it's like to have cancer or to be a caregiver for a loved one and the unexpected surprises that can come from it. Harry Campbell, Tamika Felder, and Cindy Trice give us a cancer tell-all, getting real about experiencing cancer as patients and caregivers, and how both can come out better on the other side. Come with your questions for our tell-it-like-it-is speakers.

San Gabriel AB

3:40 – 3:55 pm

Break

3:55 – 4:15 pm

● **Saturday Conclusion**

Tamika Felder

Cindy Trice, DVM

At the end of this powerful day, our emcees will lead us in summarizing our day, acknowledging our insights and celebrating the new friends and connections we've made. As we bid farewell to our Saturday attendees, we'll end with action items to

READY. SET. GO!

San Gabriel Ballroom

SESSION INFORMATION

4:15 – 6:00 pm

Vendor Market and Happy Hour

Enjoy a refreshing mocktail and a charcuterie board while browsing various community partners and pop-up shops.

San Gabriel Lobby

Dinner on Your Own

8:00 – 10:00 pm

Weekend Warrior Pajama Party

Sport your favorite pajamas and don your fuzzy slippers for a modern-day pajama party. Gather on the pool terrace for late-night snacks and fun with your fellow Weekend Warrior participants and speakers.

Pool Terrace (will move to San Gabriel Lobby if weather dictates)

SUNDAY, NOVEMBER 16

7:00 – 7:30 am

● Sunrise Yoga

Laura Moore, RYT 200, Yoga 4 Cancer Certified, Adaptive Yoga Certification

Greet the day by breathing, stretching, balancing, and moving. During this interactive, hands-on session, use diaphragmatic breathing to calm your nervous system and activate your immune system. Learn how to incorporate bone-building, balancing exercises into your day, anytime, anywhere and stretch to reduce stress when you need it most.

Pool Terrace (will move to San Gabriel JK if weather dictates)

7:30 – 8:30 am

Continental Breakfast

Weekend Warriors, after an optional invigorating early morning session, gather in the ballroom for breakfast.

San Gabriel Ballroom

8:20-8:30 am

● Morning Chat with Your Emcees

Tamika Felder
Cindy Trice, DVM

Our vibrant emcees will energize you with an engaging start to the day and lay the foundation for a great morning ahead.

San Gabriel Ballroom

8:30 – 9:00 am

● Mini Keynote Address – From Patient to Purpose: Finding Hope and Community After Cancer

Leticia Hernandez

“Cancer changed every aspect of my life – and helped me find my why.” Leticia shares her story and how she turned fear into advocacy, loss into connection, and survivorship into purpose.

San Gabriel Ballroom

9:00 – 9:15 am

Break

9:15 – 10:00 am

Morning Breakouts

● Art Therapy | The Road Ahead

Mayra Guevera, ATR-BC, LCAT

This session offers a gentle space to reflect on where you are in this new chapter of your life. Through guided art-making, you'll explore your thoughts and emotions about the road ahead, and begin to envision what healing, hope, and support might look like for you moving forward.

San Gabriel CD

● The Three S's of Nutrition and Cancer: Myth or Truth

Nicole Hodac, MS, RDN, CSO, LD

Is sugar really feeding cancer? Should soy be avoided? Do supplements help – or harm – during treatment? In this interactive session, we'll separate fact from fiction around the three most talked-about “Ss” in nutrition: sugar, soy, and supplements.

San Gabriel AB

● Self Love Sound Bath

Eden Carter, PT, DPT

Begin and end in guided meditation as waves of sound from crystal bowls, chimes, and gentle tones wash over you. A nurturing space to release tension, restore balance, and reconnect with inner peace.

San Gabriel JK

● Caregiving and Beyond

Penny DeCou, LCSW, OSW-C

Being a caregiver to a loved with cancer can take on many different roles. What happens when your loved one's cancer treatment is complete? Do you ever stop being a caregiver? This presentation will cover some common experiences of cancer caregivers during this time.

San Gabriel GH

10:00 – 10:15 am

Break

10:15 – 11:00 am

● And Go!

Tamika Felder
Cindy Trice, DVM

Our spirited emcees are back to close the conference with an uplifting time together before we GO! back out into the world refreshed and inspired.

San Gabriel Ballroom

FI GHT CANCER

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the Texas Oncology Foundation**



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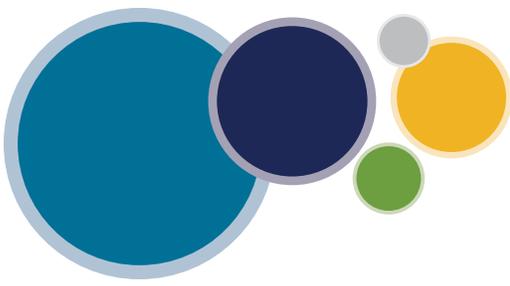


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Survive & Thrive CONFERENCE 2025

JOURNALING

As we begin this day I am feeling...

One thing I am looking forward to today is...

After attending my morning sessions, one goal I am going to set for myself is...

Something I am going to share with my family and/or friends is...

Survive & Thrive CONFERENCE 2025

CONNECTIONS

NAME: _____

EMAIL: _____

PHONE: _____

Survive & Thrive CONFERENCE 2025

AREA RESTAURANTS

Enjoy dinner at one of Georgetown's great restaurants.

Within walking distance, adjacent to the hotel at the Summit at Rivery Park

2020 Market Scratch Kitchen & Bar

1500 Rivery Blvd., #1100
512-688-4289
2020MarketGTX.com

Brix And Ale

Sheraton Georgetown
1101 Woodlawn St.
737-444-2750
BrixAndAleGTX.com

Downtown Georgetown

Blue Corn Harvest Bar & Grill

212 W. 7th, #105
512-819-6018
BlueCornHarvest.com

City Post

113 E. 8th
512-843-1138
CityPostChop.House

Hard Count Kitchen & Cocktails

1500 Rivery Blvd., #2105
512-688-3530
HardCountGtown.com

Ichiro Asian Bistro & Wine Bar

1500 Rivery Blvd., #2120
512-688-4288
IchiroSushiWineBar.com

Encantada Cocina + Cantina

205 W. 2nd
512-591-7866
EncantadaGTX.com

Golden Rule

606 S. Church St.
512-843-5900
GoldenRuleGTX.com

Rivery Coffee & Bagels

1500 Rivery Blvd., #2155
512-887-1797
RiveryCoffeehouse.com

Wine Sensations (food & wine)

1500 Rivery Blvd., #2125
737-377-9977
WineSensation.com

Tejas Meat Supply

101 E. 7th
512-763-1000
TejasMeatSupply.com

Survive & Thrive CONFERENCE 2025

ABOUT TEXAS ONCOLOGY FOUNDATION

A cancer diagnosis affects the whole family, and the Foundation's mission is to help ease the burden faced by families in the communities where they live, work, and receive treatment. Established in 1997, Texas Oncology Foundation is a nonprofit 501 (c)(3) organization that develops and supports programs to offer hope and encouragement to cancer patients and their loved ones through:

- Patient assistance
- Patient support and survivorship groups
- Patient and caregiver education
- Providing connections to existing local support services

Through these programs, we are strengthening the community that surrounds cancer patients and their families at a time when they need it most. By focusing on all aspects of survivorship – the mental, physical, financial, and spiritual – Texas Oncology Foundation is dedicated to working alongside those in need, within their communities, throughout the entire cancer experience. Any cancer patient, either in treatment or after treatment, or caregiver can participate in any of our educational programs, regardless of whether they are treated at Texas Oncology or another provider.



TEXASONCOLOGYFOUNDATION.ORG

The Texas Oncology Foundation website is a robust resource to learn more about the Foundation's programs and services in education, support, and outreach. Check out the latest activities or the library of helpful tools and resources.



JOIN OUR MAILING LIST

Go to TexasOncologyFoundation.org/subscribe to sign up for our mailing list. You'll automatically receive *The Foundation*, a quarterly features newsletter and *The Foundation Biweekly* with upcoming opportunities and helpful resources.



Join the Conversation

TexasOncologyFoundation.org



TEXAS  ONCOLOGY

FOUNDATION